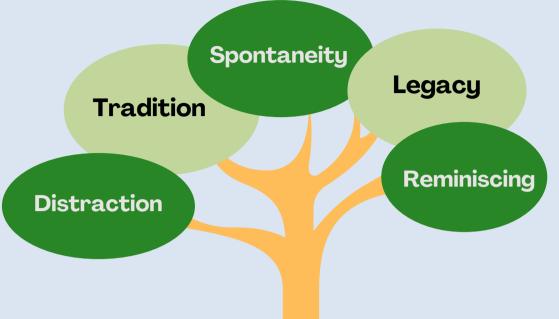
FEW PEOPLE WERE INTERESTED IN USING ONLINE TECHNOLOGIES RELATED TO THEIR CHRONIC LUNG DISEASE



## PEOPLE PREFERRED ONLINE ACTIVITIES THAT WERE SEPARATE FROM THEIR ILLNESS

Examples included:

Viewing travel photos to reminisce about past events

Watching You-tube videos, where autoplay introduced spontaneity in being swept away to new places

Playing cards games as a way to sustain intergenerational connections and traditions

Listening to comedy acts offered distraction in taking one's mind off of things



To learn more about this doctoral research study, please contact Marcy Antonio at <u>marcyant@umich.edu</u> or visit <u>copdtech.uvic.ca</u>

